**Informal Lunch menu – week of 11 November**

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| --- | --- | --- | --- | --- | --- |
| **1** | **Meat** | **Fish** | **Vegan** | **Kitchen specials** | **Dessert** |
| **Mon** | Thai Red Chicken Curry, Jasmin rice | Harissa- crumbed fish, lentils, peppers | Gnocchi, white beans, tomato sauce | Cornish Pasty | Apple, pear crumble. |
| **Tues** | Slow cooked Brisket, Yorkshire pudding | Baked Cod, spinach, fish stock reduction | Eggplant, broccoli, tofu fried rice | Roasted vegetable  Pizza | Tiramisu |
| **Wed** | Pork loin, apples, sage, jus roti | Fish Pie, Parsley Mash | Jackfruit bourguignon | Crisp vegetable wrap, sweet chilli | Chocolate Tart |
| **Thurs** | Chicken Enchilada, jalapenos’ | Pangasius, Couscous | Soy glazed tofu, quick fried vegetables | Frittata, cheddar cheese, mixed leaf salad | Steamed sultana sponge |
| **Fri** | Spaghetti bolognaise | Fried Fish, chips, rough cut Tartare sauce | Spaghetti bolognaise | Ham & tomato Panini | Citrus Cheesecake |

**Informal Supper menu – week of 11 November**

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| --- | --- | --- | --- | --- | --- |
| **1** | **Meat** | **Fish** | **Vegan** | **Kitchen Specials** | **Dessert** |
| **Mon** | Chicken & Mushroom Pie, mash | Baked fish, sesame noodles | Field mushroom gratin, Quorn mince | Cornish Pasty | Assiette of desserts/puddings |
| **Tues** | Pork Ribeye, Cajun spiced wedges, chipotle sauce | Keralan Mappas | Cous cous stuffed peppers | Roasted vegetable  Pizza | Assiette of desserts/puddings |
| **Wed** | Lamb Moussaka, mixed leaf | Breaded fish, sauce Vierge | Courgette, lentil fritter.  Tomato, coriander salsa | Crisp vegetable wrap, sweet chilli | Assiette of desserts/puddings |
| **Thurs** | Sweet and Sour chicken.  Rice | Pollock, dill cream, radish | Plant Chicken, sweet and sour sauce | Frittata, cheddar cheese, mixed leaf salad | Assiette of desserts/puddings |
| **Fri** | **Kitchen Special** | **Kitchen Special** | **Kitchen Special** | **Kitchen Special** | Assiette of desserts/puddings |

**Informal Lunch menu – week of 18 November**

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| --- | --- | --- | --- | --- | --- |
| **2** | **Meat** | **Fish** | **Vegan** | **Kitchen Specials** | **Dessert** |
| **Mon** | Loin of Pork, potatoes, mustard dressing | Seared whiting, cucumber | Spinach, red onion, vegan cheese spanakopita | Jacket Potato, baked beans | Churros, dulce de leche |
| **Tues** | Chicken 65, braised rice | Baked Haddock, | Spiced Cauliflower encroute, lentil gravy | Brie & Chutney samosa | Doughnuts |
| **Wed** | Beef, black bean sauce, noodles | Salmon, wilted greens, salsa Verdi | Pea, edamame bean risotto | Cheese & tomato omelette | Apple & blackberry pie |
| **Thurs** | Cumberland sausage, parsley mash | Seafood Tagine | Beets, squash, filo, parsley pesto | Dhal, Rice | Banana Chimichanga |
| **Fri** | Chicken Souvlaki | Fried Fish, chips, rough cut Tartare sauce | Nasi Goreng, plant chicken | Peppered steak slice | Chocolate Brownie |

**Informal Supper menu – week of 18 November**

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| --- | --- | --- | --- | --- | --- |
| **2** | **Meat** | **Fish** | **Vegan** | **Kitchen Specials** | **Dessert** |
| **Mon** | Roasted Chicken | Fish in filo, romesco sauce | Grilled tranche of celeriac, curried chick pea | Jacket potato, baked beans | Assiette of desserts/puddings |
| **Tues** | Pork Ribeye,  Vegetable rice | Grilled Fish, black olive, tomato | Jackfruit, puff pastry | Brie & Chutney samosa | Assiette of desserts/puddings |
| **Wed** | Cottage Pie | Pan Fried Seabass, | Braised peppers, tomato sauce | Cheese & tomato omelette | Assiette of desserts/puddings |
| **Thurs** | Buttermilk southern fried chicken burger | Steamed Fish, spring onion, ginger, soy | Four bean chilli, jacket potato | Dhal, Rice | Assiette of desserts/puddings |
| **Fri** | **Kitchen Special** | **Kitchen Special** | **Kitchen Special** | **Kitchen Special** | Assiette of desserts/puddings |

**Informal Lunch menu – week of 25 November**

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| --- | --- | --- | --- | --- | --- |
| **3** | **Meat** | **Fish** | **Vegan** | **Kitchen Specials** | **Dessert** |
| **Mon** | Escalope of Pork, potatoes with mustard & pickles | Baked Fish, potatoes, dill | Chana Masala, saffron rice | Jacket Potato, baked beans | Berry Crumble |
| **Tues** | Steak and Mushroom Pie | Peri Peri Haddock, | Greens, chia, white bean cannelloni | Vegetable sausages’, mash, onions | Coconut tart |
| **Wed** | Chicken Tikka Masala | Baked fish, Mediterranean vegetables, tomato sauce | Vegetable Wellington, onion sauce | Goats Cheese, onion chutney, Croll | Sticky Toffee Pudding, crème fraiche |
| **Thurs** | Beef Lasagne | Haddock, leek, gnocchi, pesto | Roasted Pepper, plant chicken, cous cous | Tuna & sweetcorn tart | Apple Cobbler |
| **Fri** | Chicken, garlic mash | Fried Fish, chips, rough cut Tartare sauce | Teriyaki Tofu, noodles | Cheddar, leek, white onion Quiche | Raspberry Doughnut |

**Informal Supper menu – week of 25 November**

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| **3** | **Meat** | **Fish** | **Vegan** | **Kitchen Specials** | **Dessert** |
| **Mon** | Gunpowder Chicken, red chilli, noodles | Roasted Fish, parsley sauce | Spiced Aubergine pasta bake | Jacket Potato, baked beans | Assiette of desserts/puddings |
| **Tues** | Beef Chilli, Rice | Fish Mappas | Thai Vegetable Curry, rice | Vegetable sausages’, mash, onions | Assiette of desserts/puddings |
| **Wed** | Korean fried chicken, Gochujang mayo slaw | Pollock, preserved lemon risotto | Aubergine, tomato, butter bean, plant cheese | Goats Cheese, onion chutney, Croll | Assiette of desserts/puddings |
| **Thurs** | Cumberland Sausage, mash, onion gravy | Roasted fish, sauce Vierge | Jambalaya | Tuna & sweetcorn tart | Assiette of desserts/puddings |
| **Fri** | **Kitchen Special** | **Kitchen Special** | **Kitchen Special** | **Kitchen Special** | Assiette of desserts/puddings |

**Informal Lunch menu – week of 2 December**

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| **4** | **Meat** | **Fish** | **Vegan** | **Kitchen Specials** | **Dessert** |
| **Mon** | Turkey Schnitzel, pickles and potato | Thai Yellow curry | Jackfruit, black bean, noodles | Gnocchi, tomatoes, olives | Banana Mess |
| **Tues** | Breast of Chicken, tarragon sauce | Fish Pakora, lime pickle | Sweet and sour Broccoli, Tofu, rice | Cheese, pickle, lettuce, tomato Panini | Lemon Drizzle cake |
| **Wed** | Pork Loin, five spice, quick fried vegetables | Fish Pie, pea and dill mash | Falafel, Pitta, garlic sauce | Bubble and Squeak, fried egg | Pear and berry crumble |
| **Thurs** | Chicken Shawarma, garlic sauce, lettuce | Steamed haddock, potatoes, olives | Aubergine, vegetables, rice | Croissant, ham, cheese | Cheese cake |
| **Fri** | Cumberland Sausage, Mash | Fried Fish, chips, rough cut Tartare sauce | Grilled Polenta, charred vegetables | Vegetable pakora  mixed salad | Doughnuts |

**Informal Supper menu – week of 2 December**

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| **4** | **Meat** | **Fish** | **Vegan** | **Kitchen Specials** | **Dessert** |
| **Mon** | Pork shoulder, braised with apples | Fish cakes with a little mozzarella, Tartare sauce | Plant chicken stroganoff | Gnocchi, tomatoes, olives | Assiette of desserts/puddings |
| **Tues** | Beef burgers/Vegan burgers | Charred Tuna, pickled cucumber, sesame, soy | Katsu Tofu, sticky rice. | Cheese, pickle, lettuce, tomato Panini | Assiette of desserts/puddings |
| **Wed** | Chicken Kabsa | Cullen Skink, bread | Vegetable Thai red curry. | Bubble and Squeak, fried egg | Assiette of desserts/puddings |
| **Thurs** | Slow cooked beef, chimichurri | Baked Fish, capers, parsley | Green lentil, white bean, savoy hash | Croissant, ham, cheese | Assiette of desserts/puddings |
| **Fri** | **Kitchen Special** | **Kitchen Special** | **Kitchen Special** | **Kitchen Special** | Assiette of desserts/puddings |