

Informal Lunch menu – week of 16 December

3	Meat	Fish	Vegan	Kitchen Specials	Dessert
Mon	Escalope of Pork, potatoes with mustard & pickles	Baked Fish, potatoes, dill	Chana Masala, saffron rice	Jacket Potato, baked beans	Berry Crumble
Tues	Steak and Mushroom Pie	Peri Peri Haddock,	Greens, chia, white bean cannelloni	Vegetable sausages', mash, onions	Coconut tart
Wed	Chicken Tikka Masala	Baked fish, Mediterranean vegetables, tomato sauce	Vegetable Wellington, onion sauce	Goats Cheese, onion chutney, Croll	Sticky Toffee Pudding, crème fraiche
Thurs	Beef Lasagne	Haddock, leek, gnocchi, pesto	Roasted Pepper, plant chicken, cous cous	Tuna & sweetcorn tart	Apple Cobbler
Fri	Chicken, garlic mash	Fried Fish, chips, rough cut Tartare sauce	Teriyaki Tofu, noodles	Cheddar, leek, white onion Quiche	Raspberry Doughnut

Informal Supper menu – week of 16 December

3	Meat	Fish	Vegan	Kitchen Specials	Dessert
Mon	Gunpowder Chicken, red chilli, noodles	Roasted Fish, parsley sauce	Spiced Aubergine pasta bake	Jacket Potato, baked beans	Assiette of desserts/puddings
Tues	Beef Chilli, Rice	Fish Mappas	Thai Vegetable Curry, rice	Vegetable sausages', mash, onions	Assiette of desserts/puddings
Wed	Korean fried chicken, Gochujang mayo slaw	Pollock, preserved lemon risotto	Aubergine, tomato, butter bean, plant cheese	Goats Cheese, onion chutney, Croll	Assiette of desserts/puddings
Thurs	Cumberland Sausage, mash, onion gravy	Roasted fish, sauce Vierge	Jambalaya	Tuna & sweetcorn tart	Assiette of desserts/puddings
Fri	Kitchen Special	Kitchen Special	Kitchen Special	Kitchen Special	Assiette of desserts/puddings

Informal Lunch menu – week of 2 January

1	Meat	Fish	Vegan	Kitchen specials	Dessert
Thurs	Chicken Enchilada, jalapenos'	Pangasius, Couscous	Soy glazed tofu, quick fried vegetables	Frittata, cheddar cheese, mixed leaf salad	Steamed sultana sponge
Fri	Spaghetti bolognaise	Fried Fish, chips, rough cut Tartare sauce	Spaghetti bolognaise	Ham & tomato Panini	Citrus Cheesecake

Informal Supper menu – week of 2 January

1	Meat	Fish	Vegan	Kitchen Specials	Dessert
Thurs	Sweet and Sour chicken. Rice	Pollock, dill cream, radish	Plant Chicken, sweet and sour sauce	Frittata, cheddar cheese, mixed leaf salad	Assiette of desserts/puddings
Fri	Kitchen Special	Kitchen Special	Kitchen Special	Kitchen Special	Assiette of desserts/puddings

Please continue to the next page for further menus.

Informal Lunch menu – week of 6 January

2	Meat	Fish	Vegan	Kitchen Specials	Dessert
Mon	Loin of Pork, potatoes, mustard dressing	Seared whiting, cucumber	Spinach, red onion, vegan cheese spanakopita	Jacket Potato, baked beans	Churros, dulce de leche
Tues	Chicken 65, braised rice	Baked Haddock,	Spiced Cauliflower encroute, lentil gravy	Brie & Chutney samosa	Doughnuts
Wed	Beef, black bean sauce, noodles	Salmon, wilted greens, salsa Verdi	Pea, edamame bean risotto	Cheese & tomato omelette	Apple & blackberry pie
Thurs	Cumberland sausage, parsley mash	Seafood Tagine	Beets, squash, filo, parsley pesto	Dhal, Rice	Banana Chimichanga
Fri	Chicken Souvlaki	Fried Fish, chips, rough cut Tartare sauce	Nasi Goreng, plant chicken	Peppered steak slice	Chocolate Brownie

Informal Supper menu – week of 6 January

2	Meat	Fish	Vegan	Kitchen Specials	Dessert
Mon	Roasted Chicken	Fish in filo, romesco sauce	Grilled tranche of celeriac, curried chick pea	Jacket potato, baked beans	Assiette of desserts/puddings
Tues	Pork Ribeye, Vegetable rice	Grilled Fish, black olive, tomato	Jackfruit, puff pastry	Brie & Chutney samosa	Assiette of desserts/puddings
Wed	Cottage Pie	Pan Fried Seabass,	Braised peppers, tomato sauce	Cheese & tomato omelette	Assiette of desserts/puddings
Thurs	Buttermilk southern fried chicken burger	Steamed Fish, spring onion, ginger, soy	Four bean chilli, jacket potato	Dhal, Rice	Assiette of desserts/puddings
Fri	Kitchen Special	Kitchen Special	Kitchen Special	Kitchen Special	Assiette of desserts/puddings

Informal Lunch menu – week of 13 January

3	Meat	Fish	Vegan	Kitchen Specials	Dessert
Mon	Escalope of Pork, potatoes with mustard & pickles	Baked Fish, potatoes, dill	Chana Masala, saffron rice	Jacket Potato, baked beans	Berry Crumble
Tues	Steak and Mushroom Pie	Peri Peri Haddock,	Greens, chia, white bean cannelloni	Vegetable sausages', mash, onions	Coconut tart
Wed	Chicken Tikka Masala	Baked fish, Mediterranean vegetables, tomato sauce	Vegetable Wellington, onion sauce	Goats Cheese, onion chutney, Croll	Sticky Toffee Pudding, crème fraiche
Thurs	Beef Lasagne	Haddock, leek, gnocchi, pesto	Roasted Pepper, plant chicken, cous cous	Tuna & sweetcorn tart	Apple Cobbler
Fri	Chicken, garlic mash	Fried Fish, chips, rough cut Tartare sauce	Teriyaki Tofu, noodles	Cheddar, leek, white onion Quiche	Raspberry Doughnut

Informal Supper menu – week of 13 January

3	Meat	Fish	Vegan	Kitchen Specials	Dessert
Mon	Gunpowder Chicken, red chilli, noodles	Roasted Fish, parsley sauce	Spiced Aubergine pasta bake	Jacket Potato, baked beans	Assiette of desserts/puddings
Tues	Beef Chilli, Rice	Fish Mappas	Thai Vegetable Curry, rice	Vegetable sausages', mash, onions	Assiette of desserts/puddings
Wed	Korean fried chicken, Gochujang mayo slaw	Pollock, preserved lemon risotto	Aubergine, tomato, butter bean, plant cheese	Goats Cheese, onion chutney, Croll	Assiette of desserts/puddings
Thurs	Cumberland Sausage, mash, onion gravy	Roasted fish, sauce Vierge	Jambalaya	Tuna & sweetcorn tart	Assiette of desserts/puddings
Fri	Kitchen Special	Kitchen Special	Kitchen Special	Kitchen Special	Assiette of desserts/puddings

Informal Lunch menu – week of 20 January

4	Meat	Fish	Vegan	Kitchen Specials	Dessert
Mon	Turkey Schnitzel, pickles and potato	Thai Yellow curry	Jackfruit, black bean, noodles	Gnocchi, tomatoes, olives	Banana Mess
Tues	Breast of Chicken, tarragon sauce	Fish Pakora, lime pickle	Sweet and sour Broccoli, Tofu, rice	Cheese, pickle, lettuce, tomato Panini	Lemon Drizzle cake
Wed	Pork Loin, five spice, quick fried vegetables	Fish Pie, pea and dill mash	Falafel, Pitta, garlic sauce	Bubble and Squeak, fried egg	Pear and berry crumble
Thurs	Chicken Shawarma, garlic sauce, lettuce	Steamed haddock, potatoes, olives	Aubergine, vegetables, rice	Croissant, ham, cheese	Cheese cake
Fri	Cumberland Sausage, Mash	Fried Fish, chips, rough cut Tartare sauce	Grilled Polenta, charred vegetables	Vegetable pakora mixed salad	Doughnuts

Informal Supper menu – week of 20 January

4	Meat	Fish	Vegan	Kitchen Specials	Dessert
Mon	Pork shoulder, braised with apples	Fish cakes with a little mozzarella, Tartare sauce	Plant chicken stroganoff	Gnocchi, tomatoes, olives	Assiette of desserts/puddings
Tues	Beef burgers/Vegan burgers	Charred Tuna, pickled cucumber, sesame, soy	Katsu Tofu, sticky rice.	Cheese, pickle, lettuce, tomato Panini	Assiette of desserts/puddings
Wed	Chicken Kabsa	Cullen Skink, bread	Vegetable Thai red curry.	Bubble and Squeak, fried egg	Assiette of desserts/puddings
Thurs	Slow cooked beef, chimichurri	Baked Fish, capers, parsley	Green lentil, white bean, savoy hash	Croissant, ham, cheese	Assiette of desserts/puddings
Fri	Kitchen Special	Kitchen Special	Kitchen Special	Kitchen Special	Assiette of desserts/puddings